



GREEK HATHA YOGA **TOULA MAVRIDOU** ASSOCIATION

HATHA YOGA GROUPS

To «Art Act Area», 12 Athinas str. 6th floor
with **Natassa Zouka** tel. 211 4035789, 6945 795068
Monday 11:00 & Wednesday 18:30

To Politeia with
Maria Maleviti tel.6932 226444
Monday 12:00

To Filothei - Psychiko with
Maria Maleviti tel. 6932 226444 &
Niki Georgopoulou tel. 697 4416795

To N. Smyrni with
Maria Mendrinou tel. 210 9315965, 6937 330421

To Argypoli with
Noni Papastephanou tel. 6936 544399

To Ilioupoli with
Caterina tel. 6947 387974

To Maroussi - Geraka with
Lisa Efthymiadou τηλ.697 6644010

To Geraka - Paiania - Halandri with
Iliana Tagalidou tel. 694 5753278

To Vyrona - Zografou with
Rena Panagopoulou tel. 6936 508386

Additional telephones:

Efi Koutsakou 6944 411389

Ioanna Karagiozidi 210 8812951 & 6944 612370